

MOD7-MW380- Well Woman Family Planning

1. Which of the following family-planning methods is characterized by tracking cervical mucus, basal body temperature, and other positive ovulation signs to avoid pregnancy?
 - a. Fertility awareness method
 - b. Withdrawal method
 - c. Calendar method
 - d. Natural method
2. Which of the following contraceptive agents acts to prevent pregnancy by creating an environment that is not receptive to living sperm?
 - a. Condoms
 - b. Withdrawal method
 - c. Diaphragm
 - d. Spermicide
3. Which of the following is an advantage of using a barrier method over a non-barrier method of contraception?
 - a. Barrier methods are easier to use and provide comfort for both partners
 - b. Barrier methods prevent against Sexually Transmitted infections
 - c. Barrier methods are less costly than non-barrier methods
 - d. Barrier methods are easy for young people to use while other methods may be too complicated
4. Which of the following contraceptive methods is most effective in preventing the transmission of HIV?
 - a. Diaphragm
 - b. Fertility awareness
 - c. Condoms
 - d. IUD
5. Which of the following factors is MOST important when using a diaphragm to prevent pregnancy?
 - a. The diaphragm must be fitted properly to the individual
 - b. The diaphragm must be less than 30 days old
 - c. The diaphragm can only be used with specific brands of spermicide
 - d. The diaphragm is left in place for at least 18 hours after intercourse
6. Which of the following contraceptive devices prevents pregnancy by altering the uterine environment so that sperm and egg cannot effectively meet-up?
 - a. Hormonal implant
 - b. Condoms
 - c. Diaphragm
 - d. IUD

7. Which method of contraception is administered by injection every three months and prevents pregnancy by controlling ovulation?
- a. Birth control ring
 - b. IUD
 - c. Depo-Provera
 - d. Birth control implant
8. Which of the following statements about condoms is true?
- a. Only Latex, not lambskin condoms, protect against sexually transmitted infections (STIs) and pregnancy.
 - b. Latex condoms are only effective at preventing against STIs when used with spermicidal lubricant
 - c. Latex condoms are safe to use with any type of lubricant including oil-based lubricant
 - d. Lambskin condoms protect against pregnancy and bacterial STIs but not against viral STIs
9. Which of the following forms of contraception is permanent?
- a. IUD
 - b. Tubal ligation
 - c. Depo-Provera
 - d. Hormonal implant
10. How does the cervical cap prevent pregnancy?
- a. The cap is used to prevent ejaculation from occurring
 - b. The cap is fitted over the cervix to prevent sperm from entering
 - c. The cap is a holder for spermicide that ultimately kills sperm
 - d. The cap is used to prevent STIs but not pregnancy